JANFEB2019 *SENPA* SPEAKS! Dec 5-8, 2019

PRESIDENT'S Message

I want to express my gratitude to our SENPA members who have bestowed on me the privilege and honor to serve as president of the best Independent Natural Product Retailer Association in this country ... SENPA, your Source for Education and Natural Product Advocacy. I will do my best to lead this association to better serve the needs of the Independent Natural Product Retailers that SENPA represents.



Lester Burks

The first week in December we held our 48th SOHO Expo show, and it was a tremendous success, with excellent education and training seminars for our retail members. The World of Hemp forum was a great hit this year, but what I believe to be the most beneficial session of the SOHO Expo was the Retailer Roundtable on Thursday evening, where everyone got an opportunity to share ideas and experiences to better our members' retail stores and the entire industry.

It has been my privilege to work in the natural products industry for the past 40 years. In those 40 years we have seen tremendous changes. Some of the changes have been wonderful — more and more people are embracing natural products and organic foods. Other changes in our industry that are not so positive include the loss of the all-important personal relationships that existed between retailers and their customers, which set the natural products industry apart. These changes must be acknowledged and respected or they may become the downfall of our great industry. The increase in acceptance of natural products by the population at large is a blessing; if we don't recognize and respect that fact, it may become a curse because entities have entered our industry that do not have the passion for helping our neighbors and friends that the natural products industry was built on. These entities only entered our industry to reap a profit from our personal relationships, which were formed by individuals who truly cared about helping and educating their customers. As these entities reap huge profits on our hard-laid foundation, some of us have been seduced away from our founding principles to the new model of greed and the almighty dollar. We must not let this seduction continue; we must turn around and head back to our relationship roots. If we don't, the natural products industry and our local independent retailers will be gone forever!

Starting this year, let's all commit to making changes in our own areas of expertise that will make Independent Natural Product Retail stores the premier place for the healthy-minded consumer to gain knowledge and shop.

Remember that SENPA has a variety of tools and education resources available and a staff that is more than willing to assist you as we work towards our common goals.

-1-ester

Showing Others Healthy Options



Program offers 15 CEUs with Medical Errors

for Florida Licensed Dietitians (RD, DTR). **Nutrition Counselors, and Retailers & Staff**

Speakers To Be Announced

Conference Room Rates

FLORIDA

The Florida Hotel & Conference Center at the Florida Mall 1500 Sand Lake Road, Orlando, FL 32809 RESERVATIONS: (407) 859-1500

2019 STOPS

SENPA ROAD SHOW 2019

Atlanta, GA Norfolk, VA Fayetteville, AR Austin. TX

May 5 June 2 July 14 August 4

Sponsorship of the state of the Packages **Avaflable**

Your Association Is **Coming to Visit YOU!**

All Retailers and Staff invited Free of Charge

2019 Industry Events & Board of Directors ▶ page 2

SOHO EXPO 2018 Sponsors ▶ page 3

SOHO EXPO 2018 Review and Pictures ▶ pages 4 & 5

SENPA Members ▶ page 6

SOHO Healthfest ▶ page 7

IN THIS ISSUE

Annual President's Award Presented To



Carylene Walker Reed

Receiving this President's Award is truly a great honor. I am proud to have dedicated my way of life and career to this wonderful industry.

Okay, so I may have been forced into the industry when my father opened his first natural food store in 1950, in Clearwater, FL. It was very small and we ate products from the store and grew our own organic vegetables. I did not like drinking vegetable juice every

day, having to take my whole grain sandwiches to school, with sprouts and sunflower seeds, while the cool kids got to eat white bread, iceberg lettuce, and chips! Let's not even talk about no sodas! Boohoo, you say — well, it saved my life and I am glad now, but I was a kid then, so give me some slack. He and my mother were way ahead of their time, as I am glad many of you reading this were.

In the early 1970s, I decided to give up banking and stay with the family business. And in 1974, after I had attended several Natural Product Association meetings with my father (now known as SENPA), I was elected secretary. With a small mailing list of stores and a small table-top show, I lunged in to help while working in the two stores.

How exciting and fulfilling watching legislative activity, and when there were issues (there seemed to be many), sending out mailings, and calling stores to ask them to call, write, fax (yep, no e-mails). Then I was able to help produce SOHO, put on education programs, work with members and new boards. Since 1974, I served with 18 Presidents and countless board of directors and members from all sides of the industry! What a great bunch of people—dedicated, smart! What a learning experience: retailing, show producing, association management, legislative activist—WOW!

In the late 1980s, our store was destroyed by a chemical spill from a pool supply company and, after a short stint as a broker and still running the association, we decided the association was ready for a full time Executive Director with real full-time pay! And there you have it. I was able to devote full time to SENPA and SOHO. WOW again! We continued to run the association out of my home until 1993, when it was flooded by the "No Name Storm," and we moved into an office. We grew to a staff of 6 and in 2018, I moved on to my new venture of helping others, "Carylene Means Business."

I can only hope for everyone that your professional choices fulfill you as it has mine. I am working in the greatest industry with the smartest and most caring people. I have made lifelong friends that have and continue to be there for me through many life experiences. Thank you so much!

In Memoriam

Leslie Larsen-Leatherman

SENPA would like to recognize the contributions and passion of Leslie Larsen-Leatherman, whom we tragically lost this past year. As a board member, a passionate businesswoman, and a friend to all the members



of our organization, we will miss her and cherish her many, many contributions to the industry, to SENPA specifically, and to the many members who were empowered by her spirit.

SENPA Election Results Announced



The following industry members were elected to the SENPA Board of Directors.

Angie O'Pry Blades, Paula Porter, Renee Southard, Steve Palko, Ryan Sensenbrenner, Jerilyn Bristow, Karen Greenway, and Lester Burks

2019 Officers and Board of Directors

PRESIDENT

Lester Burks Life Line Foods LLC Pikeville, TN (423) 881-3231

PAST PRESIDENT

Michelle DuFresne Elkton, FL (904) 823-3846

EXECUTIVE SECRETARY Renee Southard

Organic Marketplace Gastonia, NC (704) 864-0605

TREASURER Ryan Sensenbrenner Enzymedica Venice, FL (941) 505-5565

RETAILER DIRECTORS

Debbie Cerankowski • Debbie's Health Foods • Orange City, FL • (386) 775-5333 Jackie Davis • Columbia Health Foods • Columbia, TN • (931) 388-1148 Karen Greenway • Get Healthy Vitamins & Natural Foods • Spring Hill, FL • (352) 688-9119 Marie Montemurro • Lovey's Natural Foods & Café • Wilmington, NC • (910) 509-0331 Angie O'Pry Blades • Fiesta Nutrition • Monroe, LA • (318) 387-8446 Paula Porter • Wholefoods Health Store • Cushing, OH • (918) 225-2622

SUPPLIER DIRECTORS

Jerilyn Bristow • Nordic Naturals • Bowling Green, KY Scott Cloud • Natural Immunogenics Corp. • Sarasota, FL • (941) 702-6100 Andrew Fleming • Impact Group • Westmont, IL • (630) 654-2100 Steve Palko • Palko Services • Michigan City, IN • (800) 759-4931

EXECUTIVE DIRECTOR SENPA, Debra Short • dshort@SENPA.org Zeljka Travoric • Executive Financial Assistant • zeljka@SENPA.org Stacey Lett • SOHO Trade Show Coordinator • stacey@SOHOexpo.net Kyle Dunlap • SOHO Marketing Coordinator • kyle@SOHOexpo.net

For Making our Show Possible – A Very Special Thanks to our SOHO 2018 SHOW Sponsors















MEAL





























LEVEL SPONSOR













Showing Others Healthy Options
SENPA SPEAKS!

SENPA Proudly Presents a Recap of 2018 SOHO EXPO

SOHO EXPO 2018

The 2018 SOHO EXPO, produced by SENPA, was held Thursday, November 29th, through Sunday, December 2nd, at the Gaylord Palms Resort in Kissimmee, FL. SOHO hosted over 2,300 independent retailers, manufacturers, suppliers, nutritional counselors, and other guests for its 48th show.

The show floor was busy during its days of operation, and the educational sessions, including our Keynote session, 'World of Hemp,' were both well attended and received. Retailers and exhibitors met, ordered, and learned about new product's that could help them help their customers.

Education was as popular as ever, with speakers receiving high rankings from attendees and excitement levels being high for the varied topics being addressed, from mycelium to glyphosate.

Overall, the EXPO was a grand success and a great way to end an excellent year for the independent retailers, suppliers, and



nutritional professionals that call SOHO EXPO home year after year.

We hope to see you for next year's 49th SOHO Expo, being held on December 5-8, 2019!

2018 SOHO Exhibits by Category Food & Beverages 37% ■ Supplements 35% Health & Beauty 16% Services 8% ■ Broker/Distributor 2% Pet Supplies 2% Home & Garden 1%



Announcing 2018 Winners

Congratulations! 1st Place **GROSS Winners:**

Brian Upton, Kent Keyser, Andrew Jacobs, & Ryan Kruse

www.SENPA.org

































www.SENPA.org

SENPA MEMBERS

RETAILERS

14 Carrot Whole Foods, Inc. A Gift of Health A to Zinc Nutrition Shoppe Abby's Health & Nutrition Abner's Nutrition Center Acai Exotic, LLC Act Natural Health Foods All About Health, Inc. All Africa Imports
All Total Health Foods Alternative Health Food Store Anthony's Health Hut Inc. Apple Tree Natural Foods Apple-A Day Health World Ask Nutrition Atlantis Natural Foods Avonridge, Inc. Basic Foods **Bay Naturals** Bee Healthy
Beehive Natural Foods Betsy's Health Foods, Inc. Better Health & Nutrition Better Health International Better Health Market Better Thymes Natural Foods Bette's Healthy Living B-Healthy Black Mountain Natural Foods Brazos Natural Foods Brighter Day Natural Foods Bulk Food Superstore Ellenton Burnsville Health & Nutrition BuyGO Stores Carrot Patch Health Foods Cenatur Inc Center Health & Harmony Chantilly Health and Nutrition Chuck's Natural Food Market Clamas's Holistic Health Centre Ltd. Coastal Community Market Columbia Health Foods Corn Crib Health Food Store Country Corner Health Foods Country Health Store

Descubra Health Foods Detwiler's Farm Market Diaita Health Diane's Natural Market Discount Health Foods No. 1 Discount Vitamins Doctor Vitamin Store Dodson's Nutrittional Food Center Dora's Health Food Down to Earth Natural Foods Dr. Conrad's Health Foods

Eazy Point Eucalyptus Wellness Co. Eufaula Herb Shop & Health Foods Ever'man Natural Foods Coop Everything Natural Family Health Food Family Nutrition
Family Nutrition Center Farmacia Sagrado Corazon Express

Farmer's Natural Foods Fegers Health Foods Fiesta Nutrition Center Inc. Florida Health Foods Food For Thought Food For Thought of Highland County, Inc.

Food Matters Market - Brevard Fountain City Health Foods Inc Fresh Start Nutrition Inc. Full Spectrum Health Garden of Eat'n

Garden Ville Natural Food Garner's Natural Foods Garner's Natural Life Get Healthy Brooksville Gloria's Health Hut

Gluten Free Health For You God's Green Acre Good Earth Natural Foods Inc.

Good Foods Grocery Good Nutrition Norcross Good Stuff

Goodness Grocery Granary St. Grassroots Natural Market

Green Garden Organics Gulf Coast Nutrition Halleluiah Acres Harmony Farms Harvest Moon Natural Foods

Bio-Kult (Protexin)

Bluebonnet Nutrition Corp.

Bionox Nutrients

Health & Weight Management Center Health Basket of Mount Dora Health Cupboard

Health Food Center of Winter Haven Health Foods For Life

Health Market Health Products

Healthabit Natural Foods Healthland

Healthway of Vero Inc. Healthy By Nature, Inc. Healthy Finds Healthy Habits

Healthy Hemp Healthy Lisa's Healthy Me Health Foods

Heartland Granary Heath's Natural Foods Herb Mart

Herb Shop Herbal Blessings LLC Herbal Solutions HerbMart Mesquite HerbMart Plano

Herbs & More Herbs and More Inc. Herb's Herbs

Herby Hill Country Health Store Hill's Health Hut, Inc. Hippocrates Health Inst. Honey Bee Natural Foods

Hoover's Market Horizon Health & Wellness, Inc. Huffmans Heritage Whole Fds. Inc. I Am Wonderful Island Health Hut Inc.

Jeff's Health & Nutrition John Edwards Market Keys Fisheries Inc. Korth Health Products Lake Nutrition Center Life Extension Nutrition Center Living Well Down East

Love Thyself Day Spa Love Whole Foods Café and Market LLC

Lovey's Natural Foods Maioria Drugs

MaMa Jean's Natural Market LLC Manna Grocery & Deli

Maria's Health Shoppe Inc. MooMa's Farm Store Morganton Natural Foods Mother Earth Foods
Mother Earth Foods & Spirits, Inc. Mother Earth Natural Foods

Mother Nature's Eden, Inc. My Nature's Delight Natural Foods Nancy's Natural Foods Nassau Health Foods Native Sun Natural Foods

Natucentro Natural and Organic Foods

Natural Food Product Shoppe Natural Foods Market Natural Health Natural Kitchen, Inc.

Natural Rewards Natural Therapies Natural View Market Natural Wellness Center Natures Cure Inc. Nature's Essentials

Natural Market Place

Nature's Food Patch, Inc. Nature's Garden Natural Health Foods, Inc.

Nature's Nook Nature's Nook Health and Nutrition

Nature's Presence Nature's Remedy Nature's Wonders New Life Vitamins New Way Health Store Noble County Health Foods Northern Nutrition, Inc.

Nutrition Cottage of Boynton Beach Nutrition Depot Beaumont

Nutrition Direct Nutrition Health Center **Nutrition Smart** Nutrition S'Mart

Nutrition Wise LLC Nutrition World, Inc.
One Planet Nutrition, LLC Organic Food Depot Organic Harvest, LLC Organic Marketplace

Ormond Medical Arts

Our Daily Bread Palma Ceia Village Health Market & Café Pandavit Paradise Health & Nutrition Peak Nutrition Center

Peak10 Health, LLC Peggy's Natural Foods Pensacola Natural Foods Perfect Balance Wellness

Perfect Solutions Nutrition and Weight Loss Piggly Wiggly
Pill Box Wellness Store

Plum Natural Market Professional Supplement Center PTGFoods com

Rainbow Acres Rebecca's Natural Food Reeser's Nutrition Center Reid's Nutrition Center, Inc. Relax Saunas of Momentum98

Rhonda's Nature's Way Richard's Foodporium Rollin' Oats Market #2 Rollin' Oats Market and Café Ron's Health Foods Rutabagas, Etc., Inc.

Ruth's Nutrition Sahha Naturali Sara's Health Foods Sattva Yoga

Sav-A-Lot Shirlyn's Natural Foods Simply Natural of Sunrise, Inc.

Souther's Natural Foods Special Nutrition Specialty Pharmacy, Inc. St. Cloud Health Foods

Stewart Analysis Summer Day Market & Café Sunflower Health Food Store Sunflower Shoppe Sunseed Food Co-op Inc.

Sunshine Discount Vitamin Sunshine Health Foods SunSplash International, Inc. Super Value Nutrition Center Superior Health Food

Susan's Natural World. Inc. Sweet Basils Hlth Fd & Wellness Ctr

The Grainery
The Granary Whole Foods

The Green Apple Health Foods The Green Cat LLC The Health Hut

The Healthy Food Herb and Vitamin Store The Healthy Food Store Inc.

The Herb House The Herbal Garden, Inc. The Orchard: Essentials for Living The Turnip Truck

Tnk Health Food Store To Your Health Todays Health & Nutrition Health Food

Centers Tri-Health Food Store True Health and Fitness Tunie's Natural Grocery & Vitamin Center

Vibrant Energy Village Nutrition, Inc. Village Vitamin Shop Vitality Health Foods Vitality Nutrition for Life Vitamin Discount Center, LLC

Vitamin Hut Vitamin Outlet, Inc. Vitamin Plus Health Foods

VitaminI ife Vitamins Plus Vitamins2You

VIVAMAS Ward's Supermarket Warehouse Vitamins (DSV) Weight & Wellness Inc.

Wellica Wellway Whole Shoppe

Whole Health for the Whole Family Whole Health Store and Café

Wholefoods Wholesale Nutrition Center Wholesome Earth Wild Ginger Apothecary

Wildflowers Health Foods World Spirit Health Wright's Natural Market Zoolie's Natural Food Market

NUTRITIONAL PROFESSIONALS

Dayton Nutra Foods

Debbie's Health Foods, Inc.

Deland Bakery Natural Market &

BARBARA LEE DEBORAH YVETTE HARVEY DOUGLAS SEBA GABRIELA M. GOERTZ GEORGE L. RAYNOR GERALDINE CLOVER JOAN READDING JUDY E. HARMS LENNY SLOBODA LEON SHELLY GONYO LINDA LEWANDOWSKI ROBERT P GUZELL

SUPPLIERS

221 BC Kombucha A.I. Care LLC ABCO Graphics & Printing Acme Import Co. Adrien Gagnon Alaffia AMAFRUITS Amazing Herbs Black Seeds American BioSciences American Organic Food Company America's Finest, Inc. Ancient Nutrition Animal Essentials AOR Apricot Power Aromatantra Badia Spices Balance Formula 1 Barleans Bee Friends Farm
Bees & Trees Manuka Honey
Bell Lifestyle Products Better Life Bilingual Int. Corp Legal Billingslea and Company Sest Organic BBQ

SENPA SPEAKS!

Boiron Brain Armor Branding Toppers Buried Treasure Cali'flour Foods Carylene Means Business Century Printing & Packaging Charlotte's Web ChildLife Essentials Colorado Hemp Honey Cosmos Creations Crystal Star CV Sciences
Daily Manufacturing Products Daybreak Natural Sales Deerland Enzymes, Inc. Desert Essence Dr King's® by King Bio® Dr. Cool Alkaline Water Dr Mercola Eagle Foods International Eagle Image Corporation Eagle Image Labels EarthKind Earth's Creation USA East Park Research Ecotrend Ecologics EcoVessel **ECRS** Eden Foods Emerald Health Bio EnvyHEMP Enzymedica Essence of Well Being Hemp Essential Formulas Fureka Naturals EuroPharma Evolva, Inc. EXPO Enterprise Fat To Energy Lemonaid Focus Marketing Focus Nutrition Fresco Foods Inc. Frontier Co-Op Functional Remedies Garden of Life

Genacol Genexa LLC Genius Central George's Aloe Giorgio Foods Golden Harvest Biotech Ltd. Good Health Snikiddy Graphic Jam Green Roads Greenair, Inc. Grenera Organics G-Science, Inc.
Gulf Coast Naturals, Inc. Hani Honey Company Health Direct Health Matters North Health Matters, Inc. Health Navigation Inc. Health Testing Centers Healthy Chocolate Florida Healthy Concepts Food Hemp Flower Naturals Hemp Fusion Herbaderm Natural Products Hero Nutritionals Higher Heights Group LLC Himalaya Herbal Healthcare Hollywood Health Products, Inc. Hoppy & Company, Inc. Host Defense Hyalogic Hybrid Remedies Immune Bio Green Cell

Impact Group Incrediwear Innovative Raw Hemp Irwin Naturals
Jarrow Formulas, Inc. Jennie's Macaroons Jilz Snackerz Just The Cheese

Just Thrive Probiotic

Karen Phytoplankton

KAMSA

KeHE Distributors KMG Marketing/ABCO Graphics & Printing, Inc. Kudzu Natural Resources

Kyolic La Preferida Land of Water Life Extension LifeSeasons Lily of the Desert Lily of the Desert Nutrition Lone Star Botanicals Lvcored Lysander's All Natural Lysi US Main Street Marketing Marcor Development Maximum Marketing Medical Mary LLC Mg12 POWER OF MAGNESIUM Michael's Naturopathics Mill Creek Botanicals Min's Matcha Miracle Noodle Mountain Alternatives

Modern / IFVG, LTD. Montana Emu Ranch Mushroom Wisdom, Inc. My Brother's Salsa My Magic Mud Naturade - Vegansmart Natural By Nature Natural Factors Natural Path/Silver Wings Natural Sources NaturaNectar Nature's Script Nature's Way Nature's Yoke Eggs NATURULZ - Relief/Recovery Neilly's Food

Nephure Neural Balance w/Anandanol New Hope Network Newton Homeopathics No-Miss Ltd Nordic Naturals Norm's Farms North American Herb & Spice

NOW Foods NutriGold

Oceanblue OG Wellness LLC Omega Blu LLC Optimum Energy Resources Oregon's Wild Harvest Otto Trading Inc. Owyn Oxylent Pacific Resources Int Inc Pain Away LLC Palko Services

Panos Brands Paulk Vineyards Performance Science Pines International Inc. Pink Stork Plant Therapy Presence Marketing Probulin Procana Procera Health Pure Bliss Organics Pure Essence Labs Pure Indian Foods QT Dog LLC Quantum Research Labs QuickLabel RainForest Remedies Redd Remedies

Redmond Life Regalabs/Southeastern Oils Relax Saunas Reliance Vitamin Company Relive Everyday Renew Life Restorative Botanicals Restore Retail Insights Reviva Labs

Rheostasis RidgeCrest Herbals Root Down Naturals, Inc. Rootology Safie Foods SAM MILLS USA, LLC San Sal Wellness Sana Hemp Sarasota Marketing Group Schmidt's Naturals

Seidman Food Brokerage Seitenbacher Natural Foods Shop CBD Now Sigform Silver Biotics Smart Baking Company Smart Organics Inc. Snax-Sational Brands Solgar Vitamin and Herb Source Atlantique Inc. Source Naturals / Planetary Sovereign Silver Spectra Vitamins, Inc. Spring Life CBD Water Stevita Naturals Stickler USA Straight Hemp Sun Chlorella Sun Tropics Sunflower Family VeganMeal Super Natural Distributors T. Marzetti Co. Taste For Life
Tea Tree Therapy Inc.
Thousand Hills

Secrets of the Tribe

Timeline Global Promotions Tints of Nature Trace Minerals True CBD and Healthforce True Lyes Handcrafted Soap True Nature Meds Twinings North America Inc. U Konserve Vital Living Sprouts Vital Planet VitaminSea Seaweed Wellspring Sales and Marketing, Inc.

White Egret Inc. Wiley's Finest Wine Rayzyn WooRambool World Finer Foods Wyndmere Naturals, Inc. Xlear XYMOPrint

ou re Invited



Showing Others Healthy Options

Healthtes

APRIL 5-7, 2019

OMNI MANDALAY at LAS COLINAS **DALLAS, TX**

Why Join Us?

- Your SENPA membership receives free: **Unlimited Education. Meals.** and Badges, Staff too!
- Free Admission to Exhibits, Staff Too!
- **Pre-Oualified Exhibitors**
- \$20 Hotel Rebate per night stay at the Omni Mandalay Hotel
- **CONTACT US:** SOHOhealthfest.net 727-846-0320 info@SOHOhealthfest.net

Proudly Produced by



SOHO Healthfest Hotel Rebate!



Be sure to grab your rebate form at our website to save \$20 per night off your room rate!

OMNI® HOTELS & RESORTS mandalay | dallas

**Submit form by May 17, 2019. Once rebate form and proper documentation have been received and validated, checks will be made out to business and mailed within 4-6 weeks.

Announcing some of the SOHO Healthfest Speakers!



Dr. Jason DuBois **Drug-Herb** Interactions: Safely **Guiding** your **Customer in** Today's World



GOLD

Live Happy. Live Healthy. Live NOW.

ENZYMEDICA



Dr. Darrin Starkey Why You Need **Ionic Trace Minerals**





Dr. Decker Weiss Impacting Children's Lives Globally



MNP HEALTHCARD



Brenda Watson

Probiotics For The Whole **Family**

VITAL PLANET



The Root Causes of **All Diseases:** A Mind-Body **Perspective**

Sponsored by

Sponsored By



BRONZE



VITAL PLANET











MEAL









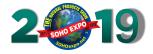




CURRENT EVENTS



- SOHO HEALTHFEST!
- CEU Program
- Road Show



- Housing Now Open
- Reserve Your Booth
- 10% Discount on FULL Booths by 3/31/19 (see application for details)
- Call For Speakers
- New 2019 Floor Plan







FIRST CLASS US POSTAGE PAID PERMIT #6600 TAMPA FL

THANK YOU TO OUR SOHO EXPO INVESTMENT SPONSOR!



We love what we do. We think you will too.

We're natural. We're faith friendly. And we are passionate about good wholesome foods produced in sustainable ways and distributed rapidly and efficiently to a hungry world.

We're KeHE Distributors, one of the oldest and most respected natural food distributors in the industry. We were founded in 1953 and converted into an employee owned company in 2001, we are state-of-the-art organization of 4,500 employee-owners and a vast 17 distribution center networks across the U.S. and Canada.

Where we go, we spread the word on healthy eating, sustainable living, and responsible business with integrity. And we back it up with rapid, environmentally-friendly distribution network and advance performance that assure goodness follows to our vendor partners and retail grocers.