

Our employees are happy to assist you with our reference materials, but will not offer advice intended to diagnose, cure, treat or prevent any condition or disease.

- Multi-vitamin (sample/box of drugstore multi) iron or iron free, capsule, tablet or liquid?
- Calcium (not carbonate) key to nutrient is absorption, citrate, mchc, etc. are good choices.
- B-12 (which kind-methyl or cyanocobalamin) what is best absorption?
- Probiotics (all are not the same) enteric coated, w/fos, multi cultured, shelf stable. Are you on an antibiotic?
- Enzymes (do you have GERD or reflux?) if so no betaine hcl in product.
- Protein powder – how much and when, women 15 grams per meal, men 20 grams per meal unless exercising.
- Individual amino acids (ex. L-lysine) no food (empty stomach)
- Vitamin D-3 1000 IU – 2000 IU (Do you know your levels?)
- Vitamin C (buffered) or not.
- Fish Oil (liquid or capsule) enteric coated. EPA/DHA knows the dosage.
- All above supplements can be cross sold in other support products.
- Red yeast rice (are you on the statin drug?)
- Greens (pills, powder, etc.) are you on a blood thinner ex. (warfarin, Plavix, aspirin)
- Sleep aids (are you on meds?)
- Thyroid (are you on meds?)
- Hormones (men or women) know your levels?
- Diet supplements, precaution w/meds, do they interact.
- Diabetic (are you on meds?) check with doctor first to add nutrients.
- Diseased such as arthritis, heart disease including cholesterol, diabetes. (are you on any meds?)
- Ear Cones (no instruction given)!!!
- H 202 (hydrogen peroxide) external use only! Must be diluted.
- DMSO (no instruction given)!!!
- Drug testing/masking (no instruction given)!!!
- Diatomaceous earth (not for human use)!!!

All infants and children under 2 years, no dosage recommendations, refer to doctor.

Being cautious in selling – is to be both legal and productive, when you show care and knowledge with your customer.