



HEALTHFEST

Showing Others Healthy Options

Friday–Sunday, April 21-23, 2023

Education & Events
April 21-23, 2023

Tabletop Exhibits
April 23, 2023

SHOW-AT-A-GLANCE

FRIDAY, April 21

10:00am-5:30pm
Registration Open
Val Verde Foyer

11:30am-2:30pm



Meal Sponsor: Europharma
Life Changing Alternatives; Solving Health Naturally!

Terry Lemerond
Val Verde Room



2:45pm-3:45pm



Manuka Honey - Increasing Store Sales
Ty Furlow
Val Verde Room



4:00pm-5:00pm



Not All Mushrooms Are Equal: How to Identify Quality Medicinal Mushroom Supplements
Jme Bonfiglio
Val Verde Room



5:15pm-7:15pm



Meal Sponsor: Arthur Andrew Medical
The Fountain of Youth May be at Your Fingertips
Dan Curtin
Val Verde Room



7:30pm-9:00pm

Retailer Open Forum/Reception
Meritage Room



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NOURISHING
THE HUMAN
CONNECTION

SATURDAY, April 22

7:00am-5:00pm
Registration Open
Val Verde Foyer

7:30am-9:30am



Meal Sponsor: You Theory
Antidote for Modern Day Stress
Joyce Moran
Val Verde Room



9:40am-10:40am



Herbalist Answers: Stress & Its Impact on Women's Health
Stacey Littlefield
Val Verde Room



10:50am-11:50am



Keynote Speaker
How to Connect, Not Just Communicate
Lori Bainum
Val Verde Room



12:00pm-2:00pm



Meal Sponsor: Essential Formulas
The Microbiome Theory of Aging
Ross Pelton
Val Verde Room



2:15pm-3:15pm



Keynote Speaker
Why I Want to Know Who I Am, You Are, and How we Commit to Real Results
Lori Bainum
Val Verde Room



3:30pm-4:30pm



Homeopathy for Happier Customers - Making Sense of a Confusing Category
Jamin Busick
Val Verde Room



5:00pm-7:00pm



Meal Sponsor: Enzymedica
TBD
Julia Craven & Yasmyn Maccaroni
Val Verde Room



Healthfest Party
7:00pm-10:00pm
Meritage Room



SUNDAY, April 23

7:00am-3:30pm
Registration Open
Val Verde Foyer & Texas Grande Foyer

7:30am-9:30am



Meal Sponsor: Bluebonnet
Bone Brain Connection
Carl Germano
Val Verde Room



9:45am-10:00am

President's Message/Ribbon Cutting
Texas Grande Foyer

10:00am-4:00pm

Exhibits Open

Texas Grande Ballroom

Education Program Track Key



HILTON DFW LAKES
GRAPEVINE, TX

MUST be registered and have a show badge to attend programs & events.
Programs are subject to change.

For more info visit
SOHOHealthfest.net